PE INTENT / COHERENCE / PROGRESSION 2025/2026 – Summer 2

INTENT Our teaching of PE should enable pupils to…		• Master the physical skills associated with Physical Activity (Move) • Enhance cognitive skills and achieve personal bests by developing ideas, strategies, and solutions to challenges (Solve) • Cooperate and collaborate effectively as part of a team (Connect)	
Year / Unit of work	Move / Physical	Solve / Problem Solving	Connect / Communication
EYFS Crawl Climb Collect	• Crawl with control • Climb with control along and across obstacles • Crawl and climb within a game	• Create good routes around obstacles • Think carefully about where I place my hands and feet • Explain the rules of a game to others	• Describe how I'm feeling during an activity • Say what someone in my group did well • Play games fairly with others
Hands Feet Equipment	• Move objects using hands, feet and equipment • Strike an object with hands, feet and equipment • Send an object with hands, feet and equipment	• Explain why tasks are easy and hard • Select my own object to complete the task with • Explain what made me successful	• Try complete activities by myself • Keep going even if tasks are tricky • Play cooperatively and competitively with others
Y1 React Roll Retrieve	• Start, stop and move quickly • Roll a ball into space or at a target • Move to retrieve an object quickly	• Change how I move depending on the task • Decide where is a good place to roll the ball • Decide how best to retrieve objects	• Follow rules of a game fairly • Take turns with a partner playing a game • Persevere when a task is tricky
Target Control	• Send an object accurately at a target	• Adapt the speed I send an object at to suit the challenge	• Compete fairly against a partner

Combine	• Show control when sending an object • Adjust the direction and distance I send objects	• Adapt power when sending objects to different targets • Send objects quickly and accurately	• Show determination to try even if I fail • Communicate and plan effectively with other
<u>Y2</u> Target Control Combine	• Send an object accurately at a target • Show control when sending an object • Adjust the direction and distance I send objects	• Adapt the speed I send an object at to suit the challenge • Adapt power when sending objects to different targets • Send objects quickly and accurately	• Compete fairly against a partner • Show determination to try even if I fail • Communicate and plan effectively with other
React Roll Retrieve	• Start, stop and move quickly • Roll a ball into space or at a target • Move to retrieve an object quickly	• Change how I move depending on the task • Decide where is a good place to roll the ball • Decide how best to retrieve objects	• Follow rules of a game fairly • Take turns with a partner playing a game • Persevere when a task is tricky
<u>Y3</u> React Roll Retrieve	• Develop my technique for reacting quickly to different stimuli • Develop my ball rolling technique to be more consistently accurate • Develop my ability to link actions together to retrieve more efficiently	• Select the correct movements to make at the right time • Select different rolling techniques depending on the target or purpose • Select best position to be in to retrieve objects efficiently	• Stay motivated to react quickly, even when the activity is challenging • Stay calm and keep trying, even if I need to adjust my technique several times • Stay determined to succeed even if I have to try different strategies to get it right
Evade Invade Capture	• Move fluently to evade people • Use my speed and agility in specific playing areas • Use speed and agility to avoid defenders	• Decide good times to move to be able to evade • Use tactics of where or who targets when invading • Use effective team invading and capturing strategies	• Show honesty while competing against others • Show resilience to tasks which may be difficult • Show good leadership in team games
<u>Y4</u> Aim Strike Retrieve	• Embed my throwing with accuracy skills within games • Embed my striking skills within games using a range of equipment	• Explain factors that influence successful aiming in different scenarios	• Show confidence and self-belief when aiming and hitting the target • Stay focused during striking attempts, especially after misses or errors

	• Embed my retrieving skills within games using a range of fielding techniques	• Explain how to react to the speed and trajectory of the incoming ball to strike it effectively • Explain how to anticipate where the ball will land and position myself to be able to retrieve it	• Display the value of teamwork and communication when supporting others
Swimming	• Swim competently, confidentially and proficiently over a distance of at least 25 meters • Use a range of strokes effectively (for example front crawl, backstroke and breaststroke) • Perform safe self-rescue in different water-based situations		
<u>Y5</u> Cricket	• Use a cricket bat to strike a moving ball • Catch a moving object using various techniques • Bowl accurately at a target	• Compare performances and identify ways to improve • Select the best place to aim their strike / throw • Positively field a ball and return in the most efficient way	• Observe and provide feedback to others • Communicate to stop the opposition from scoring runs • Work effectively with teammates to score runs
Football	• Use a variety of passing techniques • Stay on the ball using close control with different parts of my body • Combine with a teammate to score / attempt to score a goal	• Decide when to pass to a teammate or dribble with the ball • Suggest tactics to improve my teammates performances • Chose appropriate techniques during a game situation	• Work collaboratively within a small team • Help my teammates improve through peer feedback • Play the game in a positive manner and encourage others
<u>Y6</u> Handball	• Demonstrate grip, passing and catching techniques • Move swiftly using agility and balance to avoid defenders • Aim, pass and shoot with precision	• Select teammates in effective positions to pass successfully • React efficiently under time constraints • Anticipate opponents moves to intercept passes	• Communicate and collaborate with teammates • Follow rules and demonstrate sportsmanship • Understand my role within team games
Rounders	• Explore a range of fielding techniques • Send a ball accurately to a batter • Strike a ball (moving or still) towards a target	• Select different fielding skills for different situations within the game • Solve team and individual problems cooperatively • Apply the rules of the game effectively	• Work together effectively as a team • Show resilience and challenge myself • Work with others to officiate a game effectively